

Sample Fall Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast: Regular						
Pancakes w/ Blueberry Topping Scrambled Eggs Oatmeal Banana	Scrambled Eggs Pancakes w/ Syrup Cream of Wheat Oatmeal Banana Muffin Banana	French Toast w/ Syrup Fried Egg Scrambled Eggs Cinnamon Raisin Oatmeal Corned Beef Hash Banana	French Toast w/ Syrup Scrambled Eggs Oatmeal Banana	Scrambled Eggs Pancakes w/ Syrup Oatmeal Bran Muffin Chef's Choice Muffin Banana	Cheesy Scrambled Eggs Pancakes w/ Syrup Cream of Wheat Oatmeal Blueberry Muffin Country Biscuit Banana	Blueberry Pancakes w/ Maple Syrup Scrambled Eggs Oatmeal Banana
Lunch: Regular						
Pork Pie w/ Mustard Vegetable Lasagna Ham Salad Sandwich Garlic Bread Peach Cobbler	Hunter's Chicken (Baked Chicken with Gravy) Manicotti w/ Sauce Asparagus Dinner Roll Pasta Shells w/ Sauce Parslied Red Bliss Potatoes Mash Potato Chocolate Fudge Cake	Beef Burgundy Chicken Marsala Glazed Carrots Cauliflower Mashed Potatoes w/ Gravy Rice Pilaf Oatmeal Cookie	Cranapple Juice Turkey A La King Baked Fish w/ Lemon Wedge Stewed Tomatoes Dinner Roll Toast Points Garlic Mashed Potatoes Blueberry Pie	Homemade Meatloaf Open Faced Turkey Sandwich w/ Gravy Peas Green Beans Mashed Potatoes w/ Gravy Indian Bread Pudding Mushroom Gravy	Fish Chowder w/ Oyster Crackers Pork Chop Corn Whole Wheat Dinner Roll Mashed Potatoes w/ Gravy Pineapple Upside Down Cake Ice Cream	Hot Dog w/ Ketchup, Mustard, Relish Chef Salad Cole Slaw Brown Bread Dinner Roll New England Baked Beans Lemon Meringue Pie
Dinner: Regular						
Salisbury Steak w/ Gravy New England Clam Chowder Oyster Crackers Mashed Potatoes w/ Gravy Broccoli Cabbage & Carrots Tapioca Pudding Baked Custard	Mushroom Barley Soup Saltine Crackers Tomato Soup Saltine Crackers Ham and Cheese Sandwich Sloppy Joe on a Bun Mash Potato Mixed Vegetables Wax Beans Pears	Navy Bean Soup Baked Stuffed Chicken w/ Gravy Egg Salad Sandwich Sour Cream & Chive Potatoes Broccoli Gingerbread w/ Topping	American Chop Suey Breaded Veal Pattie Mashed Potatoes w/ Gravy Green Beans Baked Apple Slices	Cream of Tomato Soup Grilled Cheese Chicken Tenders Chicken Salad Sandwich Mashed Potatoes w/ gravy Carrots Fresh Fruit Cup Peaches Vanilla Wafers	Cream of Celery Soup Sliced Turkey Sandwich Chicken Teriyaki Stir Fry White Rice Oriental Vegetables Cabbage and Carrots Fruit Gelatin w. Topping Crackers	Lentil Soup Egg Salad Sandwich Chicken Fingers Chicken Salad Sandwich French Fries Mixed Vegetables Fruit Cocktail



ST. ANDRÉ
HEALTH CARE