

**St. Andre Health Care**  
**Week-At-A-Glance**  
**St. Andre Winter Menu - 2020 Week 1**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
<b>French Toast 2 Ea</b> Scrambled Egg 3 Oz <b>Oatmeal 6 Oz</b> <b>Breakfast Sausage 1 Sl</b> <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> Coffee Cake 1 Sl <b>Whole Milk 4 Oz</b>	<b>Scrambled Egg 3 Oz</b> Pancakes 2 Ea <b>Cream Of Wheat 6 Oz</b> Oatmeal 6 Oz <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>Apple Cinnamon Muffin* 1 Ea</b> <b>Whole Milk 8 Oz</b>	<b>Pancakes 2 Ea</b> Scrambled Eggs 2 Oz <b>Oatmeal 6 Oz</b> Cream Of Wheat 6 Oz <b>Bacon 1 Sl</b> <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> Blueberry Muffin 1 Ea <b>Whole Milk 8 Oz</b>	<b>Three Cheese Egg Souffle 4 Oz</b> Pancake 2 Ea <b>Cream Of Wheat 6 Oz</b> Oatmeal 6 Oz <b>Home Fries 4 Oz</b> <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>Honey Bran Muffin 1 Ea</b> <b>Whole Milk 8 Oz</b>	<b>French Toast 2 Sl</b> Scrambled Egg 3 Oz <b>Oatmeal 6 Oz</b> Cream Of Wheat 6 Oz <b>Breakfast Sausage 1 Sl</b> <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> Assorted Pastry 1 Avg <b>Whole Milk 8 Oz</b>	<b>Scrambled Egg 3 Oz</b> Pancakes 2 Ea <b>Cream Of Wheat 6 Oz</b> Oatmeal 6 Oz <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>Banana Muffin 1 Ea</b> <b>Whole Milk 8 Oz</b>	<b>Waffle w/Syrup 2 Ea</b> Scrambled Egg 3 Oz <b>Oatmeal 6 Oz</b> Cream Of Wheat 6 Oz <b>Bacon 1 Sl</b> <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> Danish 1 Ind <b>Whole Milk 8 Oz</b>
Lunch:Regular						
<b>Oven Roasted Turkey 3 Oz</b> Baked Ham 3 Oz <b>Baked Squash Medley w/ Onions 4 Oz</b> Peas 4 Oz <b>Bread Stuffing 2 Oz</b> Baked Potato 1 Ea <b>Angel Food Cake w/ Strawberries 1 Pc</b> <b>Mashed Potatoes 2 Oz</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Beef Chow Mein 6 Oz</b> Roast Pork Loin 3 Oz <b>California Blended Vegetable 4 Oz</b> Spinach 4 Oz <b>Rice 4 Oz</b> Mashed Potatoes 4 Oz <b>Chocolate caramel Mousse Parfait 4 Oz</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Herb Roasted Chicken 3 Oz</b> Beef Stroganoff 3 Oz <b>Asparagus 4 Oz</b> Baby Brussel Sprouts 1/2 Cup <b>Buttered Noodles 4 Oz</b> Mashed Potatoes 4 Oz <b>Brownie 1 Ind</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Meatloaf 3 Oz</b> Honey Mustard Chicken 3 Oz <b>Peas 4 Oz</b> Scandinavian Vegetables 4 Oz <b>Mashed Potato 4 Oz</b> Rice 4 Oz <b>Pineapple Cream Pie 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Spaghetti &amp; Meat Sauce 8 Oz</b> Triple Cheese Pizza 1 Sl <b>French Cut Green Beans 4 Oz</b> Tossed Salad 4 Oz <b>Garlic Bread 1 Sl</b> <b>Dutch Apple Pie 1 Sl</b> Fresh Fruit Cup 4 Oz <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>St. Andre Baked Haddock 3 Oz</b> Chicken Paprika 3 Oz <b>Bermuda Blend Vegetables 4 Oz</b> Stewed Tomatoes 4 Oz <b>Parslied Noodles 2 Oz</b> Mashed Potatoes 4 Oz <b>Chocolate Cupcake 1 Ind</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Hotdog 1 Ind</b> Chicken Tenders 3 Oz <b>Cole Slaw 4 Oz</b> <b>Brown Bread 1 Sl</b> <b>Baked Beans 4 Oz</b> Steak Fries 4 Oz <b>Blueberry Pie 1 Sl</b> Orange Slices 4 Oz <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>
Dinner:Regular						
<b>Beef Barley Soup 6 Oz</b> <b>Tuna Salad Sandwich 3 Oz</b> Grilled Turkey Reuben Sandwich 1 Ea <b>Broccoli Slaw 4 Oz</b> Three Bean Salad 4 Oz <b>Chocolate Chip Cookie 1 Ind</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	Split Pea Soup 6 Oz <b>Baked Fish w/ Butter Crumbs 3 Oz</b> Chicken Salad Sandwich 1 Whole <b>Baked Potato 1 Ea</b> <b>Wax Beans 4 Oz</b> Pickled Beets 4 Oz <b>Whipped Citrus Gelatin 4 Oz</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Cream of Tomato Soup 6 Oz</b> <b>Roast Beef &amp; Swiss Sandwich 3 Oz</b> Fish Fillet Sandwich w/Tartar Sauce 4 Oz <b>Potato Chips 1 Pkg</b> Broccoli 4 Oz <b>Arabian Peach Salad 4 Oz</b> Emerald Pears 4 Oz <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	Minestrone Soup 6 Oz <b>BBQ Pork Sandwich 3 Oz</b> Grilled Cheese Sandwich 1 Ea <b>Baked Potato 1 Ea</b> Potato Chips 1 Pkg <b>Baby Carrots 4 Oz</b> <b>Lemon Pudding Cake 1 Pc</b> <b>4oz Skim Milk 1 Ind</b>	<b>Chicken Vegetable Soup 6 Oz</b> <b>Egg Salad Sandwich 3 Oz</b> Cranberry Chicken Salad Plate 6 Oz Bread Stick 1 Sl <b>Pasta Salad 4 Oz</b> <b>Sugar Cookie 1 Ea</b> Fresh Fruit Cup 4 Oz <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	New England Clam Chowder 6 Oz <b>Chop Beef Steak 4 Oz</b> Ham & Cheese On {w/w} 1 Ea <b>Oven Roasted Potatoes 4 Oz</b> <b>Scandinavian Mixed Vegetables 4 Oz</b> Four Bean Salad 4 Oz <b>Peach &amp; Strawberry Cup 4 Oz</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	Lentil Soup 6 Oz <b>Chicken &amp; Red Pepper Alfredo 3 Oz</b> Assorted Quiche (HAM,LORRAINE,SEAFOOD) 1 Sl <b>Penne Pasta 3 Oz</b> <b>Tossed Salad 4 Oz</b> Marinated Tomatoes 2 1/2 Oz <b>Pineapple Upside Down Cake 1 Sl</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>

**St. Andre Health Care**  
**Week-At-A-Glance**  
**St. Andre Winter Menu - 2020 Week 2**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Breakfast:Regular</b>						
<b>French Toast 2 Sl</b> Scrambled Egg 3 Oz <b>Oatmeal 6 Oz</b> Cream Of Wheat 6 Oz <b>Breakfast Sausage 1 Sl</b> <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> Coffee Crumb Cake 1 Sl <b>Whole Milk 8 Oz</b>	<b>Scrambled Egg 3 Oz</b> Pancakes 2 Ea <b>Cream Of Wheat 6 Oz</b> <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>Apple Cinnamon Muffin* 1 Ea</b> <b>Whole Milk 8 Oz</b>	<b>Pancake 2 Ea</b> Scrambled Egg 2 Oz <b>Oatmeal 6 Oz</b> <b>Bacon 1 Sl</b> <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> Blueberry Muffin 1 Ea <b>Whole Milk 8 Oz</b>	<b>Western Egg Souffle 4 Oz</b> Pancake 2 Ea <b>Oatmeal 6 Oz</b> Cream Of Wheat 6 Oz <b>Home Fries 4 Oz</b> <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>Honey Bran Muffin 1 Ea</b> <b>Whole Milk 8 Oz</b>	<b>French Toast 2 Sl</b> Scrambled Egg 3 Oz <b>Oatmeal 6 Oz</b> <b>Breakfast Sausage 1 Sl</b> <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> Assorted Pastry 1 Avg <b>Whole Milk 8 Oz</b>	<b>Scrambled Egg 3 Oz</b> Pancakes 2 Ea <b>Cream Of Wheat 6 Oz</b> <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>Banana Muffin 1 Ea</b> <b>Whole Milk 8 Oz</b>	<b>Waffle 2 Ind</b> Scrambled Egg 2 Oz <b>Oatmeal 6 Oz</b> Cream Of Wheat 6 Oz <b>Bacon 1 Sl</b> <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> Danish 1 Ind <b>Whole Milk 8 Oz</b>
<b>Lunch:Regular</b>						
<b>New England Pot Roast 3 Oz</b> Vegetable Pizza 1 Sl <b>Parsley Buttered Baby Carrots 2 Oz</b> Tossed Salad 4 Oz <b>Mashed Potatoes 4 Oz</b> <b>Lemon Tart 4 Oz</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Baked Stuffed Chicken Thigh 3 Oz</b> Salisbury Steak 4 Oz <b>Broccoli &amp; Cauliflower 4 Oz</b> Buttered Beets 4 Oz <b>Rice 4 Oz</b> Mashed Potatoes 4 Oz <b>Chocolate Chip Cookie 1 Ind</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Sweet &amp; Sour Pork 4 Oz</b> Italian Lasagna 1 Sl <b>Broccoli 4 Oz</b> Mixed Squash Medley 4 Oz <b>Fried Rice 4 Oz</b> Garlic Bread 1 Sl <b>Orange Chiffon Cake 4 Oz</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Chicken w/ Mushroom Sauce 4 Oz</b> Poached Salmon w/Dill Sauce 4 Oz <b>Italian Green Beans 4 Oz</b> Peas & Pearl Onions 4 Oz <b>Penne Pasta 3 Oz</b> Mashed Potatoes 4 Oz <b>Chocolate Smores Parfait 4 Oz</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Beef Stroganoff 3 Oz</b> Chicken Breasts Supreme 4 Oz <b>Wax Beans w/ Pimento 4 Oz</b> Buttered Carrots 4 Oz <b>Buttered Noodles 4 Oz</b> Baked Potato 1 Ea <b>Apple Turnover 1 Ind</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>St. Andre Baked Haddock 3 Oz</b> French Meat Pie 4 Oz <b>Broccoli 4 Oz</b> Green Beans 4 Oz <b>Confetti Rice 4 Oz</b> Mashed Potatoes 4 Oz <b>Banana Cream Pie 1 Sl</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Hotdog 1 Ind</b> Grilled Hamburger 4 Oz <b>Cole Slaw 4 Oz</b> Pickle 1 Ind <b>Brown Bread 1 Sl</b> <b>Baked Beans 4 Oz</b> Potato Salad 4 Oz <b>Strawberry Delight 4 4/5 Oz</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>
<b>Dinner:Regular</b>						
Potato Soup 6 Oz <b>Western Egg Casserole 3 Oz</b> Chicken Fillet on a Bun 1 Ind <b>Home Fries 4 Oz</b> Tossed Salad 2 Oz <b>Tapioca Pudding 4 Oz</b> Fresh Fruit Cup 4 Oz <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Butternut Squash Soup 6 Oz</b> <b>Baked Fish 3 Oz</b> Ziti Ricotta Casserole 6 Oz <b>Herb Rice 4 Oz</b> Garlic Bread 1 Sl <b>Italian Mixed Vegetables 4 Oz</b> Baby Brussel Sprouts 1/2 Cup <b>Strawberry Yogurt Parfait 4 Oz</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	Navy Bean Soup 6 Oz <b>Quiche Lorraine 1 Sl</b> Chicken Salad Sandwich 1 Whole Potato Chips 1 Pkg <b>Bermuda Blend Vegetables 4 Oz</b> Broccoli Slaw 4 Oz <b>Peanut Butter Brownie w/choc. chips 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	Lobster Bisque 6 Oz <b>Garden Chili 4 Oz</b> BBQ Beef Sandwich 3 Oz <b>Dinner Roll 1 Ind</b> <b>Tossed Salad 4 Oz</b> Cole Slaw 4 Oz <b>Lemon Bar 1 Sl</b> Pickle 1 Ind <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	Beef Noodle Soup 6 Oz <b>Hot Turkey Sandwich 3 Oz</b> Seafood Salad on Wheat Roll 1 Ind <b>Garlic Mashed Potatoes (1) 4 Oz</b> <b>Scandinavian Mixed Vegetables 4 Oz</b> Three Bean Salad 4 Oz <b>Baked Apples 4 Oz</b> Orange Slices 4 Oz <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	Broccoli & Cheese Soup 6 Oz <b>Herbed Pork Loin 3 Oz</b> Cheese Blintz w/Warm Fruit Topping 2 Ea <b>Parslied Penne Pasta 4 Oz</b> <b>Buttered Bean Medley 2 Oz</b> <b>Chocolate Frosted Yellow Cake 1 Ea</b> Fresh Fruit Cup 4 Oz <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	Carrot Ginger Soup 6 Oz <b>Honey Balsamic Chicken 3 Oz</b> Ham Sandwich 3 Oz <b>Rice 4 Oz</b> Pasta Salad 4 Oz <b>Zucchini &amp; Tomato 4 Oz</b> <b>Vanilla&amp;Chocolate Pudding Parfait 4 Oz</b> Sliced Cucumbers 1/2 Cup <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>

**St. Andre Health Care**  
**Week-At-A-Glance**  
**St. Andre Winter Menu - 2020 Week 3**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast: Regular						
<b>French Toast 2 Ind</b> Scrambled Egg 3 Oz <b>Oatmeal 6 Oz</b> <b>Breakfast Sausage 1 Sl</b> <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> Coffee Cake 1 Sl <b>Whole Milk 8 Oz</b>	<b>Scrambled Egg 3 Oz</b> Pancakes 2 Ea <b>Cream Of Wheat 6 Oz</b> Oatmeal 6 Oz <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>Apple Cinnamon Muffin* 1 Ea</b> <b>Whole Milk 8 Oz</b>	<b>Pancakes 2 Ea</b> Scrambled Egg 2 Oz <b>Oatmeal 6 Oz</b> <b>Bacon 1 Sl</b> <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> Blueberry Muffin 1 Ea <b>Whole Milk 8 Oz</b>	<b>Spinach Egg Souffle 4 Oz</b> Pancake 2 Ea <b>Cream Of Wheat 6 Oz</b> <b>Home Fries 2 Oz</b> <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>Honey Bran Muffin 1 Ea</b> <b>Whole Milk 8 Oz</b>	<b>French Toast 2 Sl</b> Scrambled Egg 2 Oz <b>Oatmeal 6 Oz</b> Cream Of Wheat 6 Oz <b>Breakfast Sausage 1 Sl</b> <b>Banana 1 Ea</b> <b>-Syrup 2 Oz</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> Assorted Pastry 1 Avg <b>Whole Milk 8 Oz</b>	<b>Scrambled Egg 2 Oz</b> Pancakes 2 Ea <b>Cream Of Wheat 6 Oz</b> Oatmeal 6 Oz <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>Banana Muffin 1 Ea</b> <b>Whole Milk 8 Oz</b>	<b>Waffle 2 Ea</b> Scrambled Egg 3 Oz <b>Oatmeal 6 Oz</b> <b>Bacon 1 Sl</b> <b>Banana 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> Danish 1 Ind <b>Whole Milk 8 Oz</b> <b>-Syrup 2 Oz</b>
Lunch: Regular						
<b>Roast Pork Loin with Stuffing 3 Oz</b> Homeade Meatloaf 3 Oz <b>Zucchini 4 Oz</b> Wax Beans 4 Oz <b>Mashed Potato 4 Oz</b> <b>Ginger Bread 1 Sl</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Maple Glazed Salmon 4 Oz</b> Spaghetti & Meatballs 8 Oz <b>Broccoli 4 Oz</b> Mixed Vegetables 4 Oz Garlic Bread 1 Sl <b>Rice 4 Oz</b> <b>Coconut Lime Cake 1 Sl</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Turkey Tetrazini 3 Oz</b> Baked Tilapia w/ Buttered Crumbs 3 Oz <b>Broccoli 4 Oz</b> Peas & Mushrooms 4 Oz <b>Rice 4 Oz</b> <b>Pineapple Cream Pudding 4 Oz</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Beef Burgundy 6 Oz</b> Seafood Quiche 1 Sl <b>Italian Mixed Vegetables 4 Oz</b> <b>Egg Noodles 4 Oz</b> <b>Angel Cake</b> <b>W/strawberries 1 Sl</b> Fresh Fruit Cup 4 Oz <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>American Chop Suey 6 Oz</b> Chicken Teriyaki Stir Fry 3 Oz <b>Green Beans 4 Oz</b> Oriental Vegetables 4 Oz <b>Garlic Bread 1 Sl</b> Rice 4 Oz <b>Rainbow Jello Parfait 4 Oz</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Grilled Fillet Mignon 4 Oz</b> Baked Stuffed Shrimp 3 Oz <b>Fresh Asparagus 4 Oz</b> Baby Carrots 4 Oz <b>Duchess Potato 3 Oz</b> Mashed Potatoes 4 Oz <b>Cheesecake with Raspberry Sauce 4 Oz</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Hotdog 1 Ind</b> BBQ Chicken 3 Oz <b>Cole Slaw 4 Oz</b> <b>Brown Bread 1 Sl</b> <b>Baked Beans 4 Oz</b> Mashed Potatoes 4 Oz <b>Butterscotch Cream Pie 1 Ea</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>
Dinner: Regular						
<b>Cheddar Cheese Soup 6 Oz</b> <b>Hearty Beef Stew 6 Oz</b> Lobster Roll 1 Ea <b>Biscuit 1 Ind</b> <b>Baby Carrots 4 Oz</b> Cole Slaw 4 Oz <b>Oatmeal Caramel Pie 1 Sl</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Chicken And Rice Soup 6 Oz</b> <b>Triple Cheese Pizza 1 Sl</b> Ham Salad Sandwich 3 Oz <b>Tossed Salad 4 Oz</b> <b>Assorted Ice Cream Sundae 6 Oz</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Split Pea Soup 6 Oz</b> <b>Open Faced Beef Sandwich 3 Oz</b> Baked Macaroni & Cheese 6 Oz <b>Green Beans 4 Oz</b> Stewed Tomatoes 4 Oz <b>Banana Cake 1 Pc</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	Cream Of Broccoli Soup 6 Oz <b>Open Faced Beef Sandwich 3 Oz</b> <b>Kahlua Pork 3 Oz</b> Crab Cake Sandwich 3 Oz <b>Rice 4 Oz</b> Tortellini Salad 4 Oz <b>Baked Squash Medley w/ Onions 4 Oz</b> <b>Ambrosia 4 Oz</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	<b>Tomato Bisque 6 Oz</b> <b>Grilled Cheese Sandwich 1 Ea</b> Mushroom Omelet 3 Oz <b>Tossed Salad 2 Oz</b> Baby Brussel Sprouts 1/2 Cup <b>Cherry Crisp 1 Avg</b> <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	Beef Vegetable Soup 6 Oz <b>Chicken Fillet Sandwich 3 Oz</b> Tuna Salad on Wheat 3 Oz <b>Potato Pancake 4 Oz</b> Pasta Salad 4 Oz <b>Broccoli &amp; Cauliflower 4 Oz</b> <b>Chocolate Chip Cookie 1 Ind</b> Rosy Pears 4 Oz <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>	Cream of Mushroom Soup 6 Oz <b>Grilled Hamburger On Bun 3 Oz</b> Fish Cakes 3 Oz French Fries 4 Oz <b>Broccoli Slaw 4 Oz</b> <b>Apple Crisp 4 Oz</b> Fresh Grapes 4 Oz <b>OJ/CRANBERRY/APPLE</b> <b>JUICE 4 Oz</b> <b>4oz Skim Milk 1 Ind</b>

**St. Andre Health Care**  
**Week-At-A-Glance**  
**St. Andre Winter Menu - 2020 Week 4**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
<b>French Toast 2 Sl</b> Scrambled Egg 3 Oz Oatmeal 6 Oz <b>Breakfast Sausage 1 Sl</b> Banana 1 Ea OJ/CRANBERRY/APPLE JUICE 4 Oz Coffee Crumb Cake 1 Sl Whole Milk 8 Oz	<b>Scrambled Egg 3 Oz</b> Pancakes 2 Ea <b>Cream Of Wheat 6 Oz</b> Banana 1 Ea OJ/CRANBERRY/APPLE JUICE 4 Oz <b>Apple Cinnamon Muffin* 1 Ea</b> Whole Milk 4 Oz	<b>Pancakes 2 Ea</b> Scrambled Egg 3 Oz Oatmeal 6 Oz <b>Bacon 1 Sl</b> Banana 1 Ea OJ/CRANBERRY/APPLE JUICE 4 Oz Blueberry Muffin 1 Ea Whole Milk 8 Oz	<b>Vegetable Egg Souffle 4 Oz</b> Pancakes 2 Ea <b>Cream Of Wheat 6 Oz</b> Home Fries 2 Oz Banana 1 Ea OJ/CRANBERRY/APPLE JUICE 4 Oz <b>Honey Bran Muffin 1 Ea</b> Whole Milk 8 Oz	<b>French Toast 2 Sl</b> Scrambled Egg 3 Oz Oatmeal 6 Oz <b>Breakfast Sausage 1 Sl</b> Banana 1 Ea OJ/CRANBERRY/APPLE JUICE 4 Oz Assorted Pastry 1 Avg Whole Milk 8 Oz	<b>Scrambled Egg 3 Oz</b> Pancakes 2 Ea <b>Cream Of Wheat 6 Oz</b> Banana 1 Ea OJ/CRANBERRY/APPLE JUICE 4 Oz <b>Banana Muffin 1 Ea</b> Whole Milk 8 Oz	<b>Waffle w/Syrup 2 Ea</b> Scrambled Egg 3 Oz Oatmeal 6 Oz <b>Bacon 1 Sl</b> Banana 1 Ea OJ/CRANBERRY/APPLE JUICE 4 Oz Danish 1 Ind Whole Milk 8 Oz
Lunch:Regular						
<b>Braised Corned Beef 4 Oz</b> Savory Roasted Chicken 3 Oz <b>Baby Carrots 2 Oz</b> <b>Boiled Potato 4 Oz</b> Rice 4 Oz <b>Carrot Cake with Cream Cheese Frosting 4 Oz</b> <b>Braised Cabbage 2 Oz</b> OJ/CRANBERRY/APPLE JUICE 4 Oz 4oz Skim Milk 1 Ind	<b>Baked Stuffed Chicken Thigh 3 Oz</b> Spaghetti & Meat Sauce 8 Oz <b>French Cut Green Beans 4 Oz</b> Zucchini 4 Oz Garlic Bread 1 Sl <b>Rice 4 Oz</b> <b>Lemon Meringue Pie 1 Sl</b> OJ/CRANBERRY/APPLE JUICE 4 Oz 4oz Skim Milk 1 Ind	<b>New England Pot Roast 3 Oz</b> Turkey & Broccoli Alfredo 6 Oz <b>Bermuda Blend Vegetables 4 Oz</b> Asparagus 4 Oz <b>Mashed Potatoes 4 Oz</b> Buttered Noodles 4 Oz <b>Chocolate Cake w/ Frosting 1 Sl</b> OJ/CRANBERRY/APPLE JUICE 4 Oz 4oz Skim Milk 1 Ind	<b>Chicken &amp; Rice Cass. 4 Oz</b> American Chop Suey 6 Oz <b>Italian Green Beans 4 Oz</b> Garlic Bread 1 Sl <b>Banana Cream Pudding 4 Oz</b> OJ/CRANBERRY/APPLE JUICE 4 Oz 4oz Skim Milk 1 Ind	<b>BBQ Beef Brisket 3 Oz</b> Chicken Dijon 4 Oz <b>Winter Mixed Vegetables 4 Oz</b> Spinach 4 Oz <b>Baked Potato 1 Ea</b> Mashed Potatoes 4 Oz <b>Strawberry Ice Cream 4 Oz</b> OJ/CRANBERRY/APPLE JUICE 4 Oz 4oz Skim Milk 1 Ind	<b>St. Andre Baked Haddock 3 Oz</b> Homestyle Shepherd's Pie 6 Oz <b>Baby Brussel Sprouts 1/2 Cup</b> Broccoli & Cauliflower 4 Oz <b>Dinner Roll 1 Ind</b> <b>Confetti Rice 4 Oz</b> <b>Chocolate Cream Pie 1 Sl</b> OJ/CRANBERRY/APPLE JUICE 4 Oz 4oz Skim Milk 1 Ind	<b>Hotdog 1 Ind</b> Turkey Burger 4 Oz <b>Cole Slaw 4 Oz</b> Buttered Beets 4 Oz <b>Brown Bread 1 Sl</b> <b>Baked Beans 4 Oz</b> <b>Peach Cobbler 4 Oz</b> OJ/CRANBERRY/APPLE JUICE 4 Oz 4oz Skim Milk 1 Ind
Dinner:Regular						
<b>Butternut Squash Soup 6 Oz</b> <b>Grilled Turkey and Swiss on wheat 4 Oz</b> Sweet & Sour Pork 4 Oz Buttered Noodles 4 Oz <b>Cauliflower Bean Salad 4 Oz</b> <b>Blueberry Parfait 4 Oz</b> Peaches 4 Oz <b>Sliced Cucumbers 1/2 Cup</b> OJ/CRANBERRY/APPLE JUICE 4 Oz 4oz Skim Milk 1 Ind	<b>Tomato Vegetable Soup 6 Oz</b> <b>Pepperoni Pizza 1 Sl</b> Fish Fillet Sandwich w/Tartar Sauce 4 Oz <b>Green Beans 4 Oz</b> <b>Apple Cobbler 4 Oz</b> OJ/CRANBERRY/APPLE JUICE 4 Oz 4oz Skim Milk 1 Ind	<b>Hearty Vegetable Soup 6 Oz</b> <b>Vegetable Omelet 3 Oz</b> Grilled Cheese And Tomato 3 Oz <b>Biscuit 1 Ind</b> <b>Butterscotch Lush 2 Oz</b> OJ/CRANBERRY/APPLE JUICE 4 Oz 4oz Skim Milk 1 Ind	<b>Corn Chowder 6 Oz</b> <b>Egg Salad Sandwich on ww 3 Oz</b> Fish Tenders 3 Ea Potato Pancake 4 Oz Baby Brussel Sprouts 1/2 Cup <b>Streusel Cake 1 Sl</b> Fresh Fruit Cup 4 Oz OJ/CRANBERRY/APPLE JUICE 4 Oz 4oz Skim Milk 1 Ind	Chicken Florentine Soup 6 Oz <b>Grilled Hamburger On Bun 3 Oz</b> Chicken Parmesan 3 Oz Buttered Noodles 4 Oz <b>Beet &amp; Onion Salad 4 Oz</b> Corn 4 Oz <b>Chocolate Raspberry Mousse Parfait 4 Oz</b> Fresh Grapes 4 Oz OJ/CRANBERRY/APPLE JUICE 4 Oz 4oz Skim Milk 1 Ind	New England Clam Chowder 6 Oz <b>Open Faced Sloppy Joe 3 Oz</b> Sliced Turkey & Cheese ww 3 Oz <b>Rice 4 Oz</b> Potato Chips 1 Pkg <b>Broccoli Salad 4 Oz</b> <b>Blueberry Crisp 4 Oz</b> OJ/CRANBERRY/APPLE JUICE 4 Oz 4oz Skim Milk 1 Ind	French Onion Soup 6 Oz <b>Chicken Chow Mein 6 Oz</b> Ham Salad Sandwich 3 Oz Fried Rice 4 Oz Potato Chips 1 Pkg <b>Oriental Mixed Vegetables 4 Oz</b> Pickle 1 Ind <b>Strawberry Crunch 6 Oz</b> <b>Orange Slices 4 Oz</b> OJ/CRANBERRY/APPLE JUICE 4 Oz 4oz Skim Milk 1 Ind